

arkadis

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schaffen

Our extensive range of therapeutic and counselling assistance includes the following services:

- occupational therapy
- family counselling
- educational services for young children with special needs
- speech therapy for young children
- counselling service for mothers and fathers / Health visiting service
- neonatology
- physiotherapy
- programme schritt:weise (www.aprimo.ch)
- psychomotor therapy (mind-body therapy)

You can find all the details about our services providing help in residential, working and leisure situations at www.arkadis.ch.

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www.arkadis.ch

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schritt:weise learning through play



schritt:weise - our programme

- Home visits: the home visitor from schritt:weise will regularly visit you and your child at home.
- Learning through play: the home visitor brings not only new ideas for ways of playing but also picture books or games.
- Practise playing: You try out the new ways of playing just as the home visitor showed you. In this way you encourage your child's development.
- Group sessions: Every 14 days the families get together in groups. At these meetings you learn a lot more about bringing up children and also get to know other parents.
- The learning through play programme schritt:weise lasts 18 months.

Our targets are

- Upbringing: The learning through play programme schritt:weise actively supports families bringing up their children.
- Encouragement: As parents you learn how to actively encourage your child's development through play.
- A good start: You support the healthy development of your child which later enables them to enjoy a good start at nursery and primary school.

Good for big and small

- Children (1 to 3 years) actively learn through playing.
- Children sharpen their senses.
- Children expand their vocabulary
- Children discover new materials.
- Parents and children enjoy playing together.
- Parents and children become stronger.

Organisation and costs

- The Stiftung Arkadis runs the programme for individual communities and regional social organisations.
- The programmes are implemented in cooperation with the special needs services Bachtelen.
- The costs are carried by the local authorities and regional social organisations with the financial support of the Canton of Solothurn.

To organise an appointment please contact either the regional social organisation Oberes Niederamt (SON), Thierstein and Dorneck or the local administration offices in Olten or Oensingen:

Heilpädagogischer Dienst, Stiftung Arkadis, Olten
Telephone 062 287 00 00, www.arkadis.ch

To organise an appointment in the municipalities of Solothurn und Derendingen please contact:

Heilpädagogischer Dienst, Bachtelen, Solothurn
Telephone 032 622 46 09, www.bachtelen.ch

