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Our extensive range of therapeutic and counselling assistance includes the following services:

- occupational therapy
- family counselling
- educational services for young children with special needs
- speech therapy for young children
- counselling service for mothers and fathers / Health visiting service
- neonatology
- physiotherapy
- programme schritt:weise (www.aprimo.ch)
- psychomotor therapy (mind-body therapy)

You can find all the details about our services providing help in residential, working and leisure situations at www.arkadis.ch.

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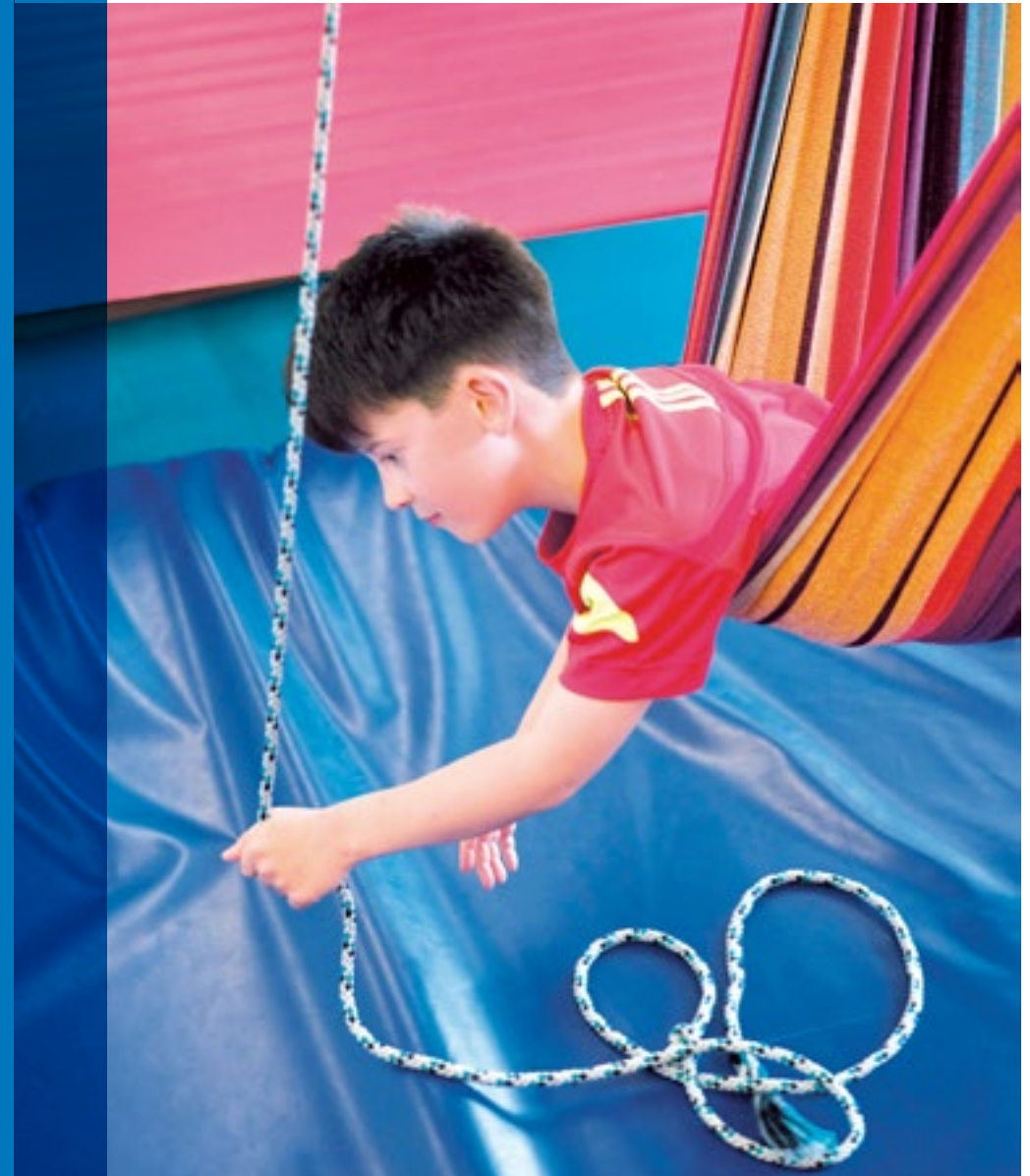
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Psychomotor therapy (mind-body therapy)



Psychomotor therapy (mind-body therapy)

Psychomotor therapy is based on the interaction between a human being's physical and emotional activity. Movement and play are the main working methods of psychomotor therapy. The therapy enables children to experience and develop their physical, emotional, sensory, mental and social abilities and it also increases their self-confidence.

In addition, those looking after the child will receive counselling and advice which helps them to be aware of the child's special needs.

The services we provide

- assessment of the child's psychomotor development
- psychomotor therapy on a one-to-one basis or in small groups
- counselling for parents and teachers

For whom

Children at nursery school and those in primary school up to the end of the 3rd class requiring special support because of any or some of the following difficulties:

- obvious problems with fine and gross motor development as well as writing and drawing skills,
- deficits in their cognitive awareness,
- unable to sit still or lacking in physical activity.

Who can organise an appointment

- doctor
- head teacher or class teacher
- parents

Costs

Parents do not have to pay for psychomotor therapy for their children. The canton finances the service.

