

**arkadis**

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**Counselling service for mothers  
and fathers / Health visiting service**



## **Counselling service for mothers and fathers / Health visiting service**

The counselling service for mothers and fathers also called the health visiting service contributes to health promotion and prevention.

The service provides advisory services for all parents and caregivers of infants and young children.

### **The services we provide**

- telephone consultation
- home visits by prior arrangement
- advice at open counselling sessions held in the community by appointment

The service provides help and support on the following subjects: nutrition, child development, caring for and bringing up children as well as psychosocial issues.

### **For whom**

The counselling service for mothers and fathers or health visiting service is available to all parents with babies or young children. Provided the parents give their permission, the first contact will be made when a mother leaves hospital with her baby.

### **Costs**

Parents can take advantage of the service free of charge.



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Our extensive range of therapeutic and counselling assistance includes the following services:

- occupational therapy
- family counselling
- educational services for young children with special needs
- speech therapy for young children
- counselling service for mothers and fathers / Health visiting service
- neonatology
- physiotherapy
- programme schritt:weise ([www.aprimo.ch](http://www.aprimo.ch))
- psychomotor therapy (mind-body therapy)

You can find all the details about our services providing help in residential, working and leisure situations at [www.arkadis.ch](http://www.arkadis.ch).

Stiftung Arkadis  
Mütter- und Väterberatung  
Von Roll-Strasse 1  
(Postadresse Aarauerstrasse 10)  
4600 Olten  
Telephone 062 296 08 44/45  
[mvb@arkadis.ch](mailto:mvb@arkadis.ch)  
[www.arkadis.ch](http://www.arkadis.ch)