

# arkadis

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Our extensive range of therapeutic and counselling assistance includes the following services:

- occupational therapy
- family counselling
- educational services for young children with special needs
- speech therapy for young children
- counselling service for mothers and fathers / Health visiting service
- neonatology
- physiotherapy
- programme schritt:weise ([www.aprimo.ch](http://www.aprimo.ch))
- psychomotor therapy (mind-body therapy)

You can find all the details about our services providing help in residential, working and leisure situations at [www.arkadis.ch](http://www.arkadis.ch).

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## Occupational therapy



### **Occupational therapy**

Is for children who have difficulty with their physical activity or problems as far as their cognitive awareness is concerned. Occupational therapy supports and helps them to develop practical skills.

The most important goal of the treatment is to improve self-confidence in their own resources in order to achieve the highest possible level of independence.

### **Our services**

- assessment by the occupational therapist to establish the child's strengths and challenges
- therapeutic treatment
- counselling of the parents
- counselling of significant others, in particular teachers
- evaluation and adaptation of helpful aids together with other experts
- support when solving questions about setting up and adapting a workplace

### **For whom**

Children of all ages and young adults with

- clumsy or uncoordinated physical movement,
- deficits in their cognitive awareness,
- attention deficits,
- disabilities,
- developmental delay,
- neurological abnormalities,
- difficulties in making choices (deciding on a plan and executing it).

### **Who to get an appointment**

Your doctor will make an appointment.

### **Costs**

The costs will be covered either by the health insurance company or by the disability insurance.

